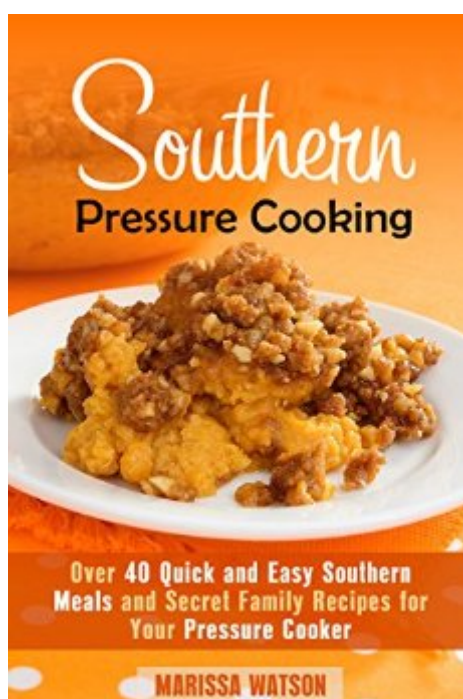


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# Southern Pressure Cooking: Over 40 Quick And Easy Southern Meals And Secret Family Recipes For Your Pressure Cooker (Instant Pot & Southern Recipes)



## Synopsis

Looking for an easier way to get hot food on the table without sacrificing flavor or results? Are you tired of spending hours cooking over a hot stove? Chances are if you are looking at this book you have recently purchased a pressure cooker and are trying to get the most out of it. One of the great things about pressure cookers is no matter what style you buy, electric or stove top, you can use them to drastically reduce cooking time on many of your favorite meals. Even better is the fact that you do not have to sacrifice flavor or the end results in exchange for the reduced cooking time. If you do things right, your meal will come out looking and tasting just as it would had you used a traditional cooking method. To help ensure your meals come out cooked to perfection, we have included not only over 40 southern favorites for you to try, but we have included our own personal tips and tricks. Inside You Will Learn: • Tricks to using a pressure cooker • Tips for true southern cooking • Ideas for creating the perfect meal • Favorite southern breakfasts in the pressure cooker • Southern soup and stew recipes • Southern sides for every occasion • Southern main dishes • Delicious desserts • And Much More Once you learn how to use your pressure cooker correctly there will be no stopping you. In time you will be able to adapt your own recipes for use in pressure cookers. Don't wait another minute. Download our book today!

## Book Information

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## Customer Reviews

In my opinion Pressure cooking is one of the quickest ways to get the job done. It saves energy, time and food tastes great without losing its nutritional value. I am very happy with the recipes as I can recreate my southern favorites. I have tried the country style BBQ ribs and pumpkin pie. They were packed with delicious flavor and it did not take much time like traditional cooking methods. I am looking forward to try the breakfast recipes.

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